

# LET'S GO!

THIRD QUARTER 2003  
Quarterly News Bulletin  
and Hike Schedule



P.O. Box 68, Asheville, NC 28802 • www.carolinamtclub.org • e-mail: cmcinfo@carolinamtclub.org

## WALTON COMPLETES 40th PEAK; STAMBAUGH FOLLOWS



Our illustrious club president finished his 40th South-Beyond-6000 Peak May 25. Don felt this was not nearly as noteworthy as Sherman Stambaugh being on the climb. Don says, "Sherman is not our oldest or longest hiking member, but this was an A-AA++ hike that was very difficult for anyone. Sherman, 83 years young, was with us all day." Sherman is also a member of the High Pointers Club, whose members try to climb the highest peak in each of our 50 states.

### CMC TRAIL MAINTAINERS FEATURED IN "BLUE RIDGE COUNTRY"

The April 2003 issue of *Blue Ridge Country* has a long article about the club's trail maintenance program. They sent a reporter and a photographer to follow a Friday crew into the woods and the result is a story that not only makes us look like heroes but helps us celebrate our 80th birthday as a club. Mentioned or pictured in the piece are **Piet Bodenhorst, Skip Sheldon, Howard McDonald, Jennifer Hubbuch, Sherman Stambaugh, Bill Freeman, John Hillyer, Felix Metzner, Misha Lazer, Lewis Blodgett, Ed Dunn and Ken Deal.** President **Don Walton** is quoted in the article when he explains the additional 50 miles of trail responsibility we have assumed from NC 215 to the Cherokee Reservation.

### HIKING WEEKEND AT LAKE FONTANA

For the last weekend of September, CMC will revive a historic club practice of scheduling a hiking weekend at Fontana Village near Lake Fontana, and hiking trails in this area. Following are the hikes that are presently scheduled. We will add additional moderate and easy hikes as desired by the people attending the hiking weekend, to be sure that everyone has an opportunity to hike some of the interesting trails in this area. Detailed information about lodging, campgrounds, meals and ferry service across Lake Fontana will be distributed in the next month in the weekly CMC Newsletter that is distributed by E-mail. For people who do not have E-mail, please telephone Bruce Bente at 692-0116 to receive a paper copy of information about the Hiking Weekend. (See Page 4)



### HALF DAY SUNDAY HIKE SCHEDULER(S) NEEDED!

Come on you half day hikers. Someone needs to think about being the scheduler for the Sunday half-day hikes. **Elisabeth Feil, Richard and Anita Walkey** are retiring from the position and need a replacement. It's really not that hard, especially if you have email and a telephone. Contact Elisabeth, Richard Walkey or any club officer about your interest in serving the club in this way. We have a tradition to maintain.

### SATURDAY WORK DAY

Here's a great chance to learn what is involved with trail maintenance. We will meet on August 9 at the Moose Café on 191 at 8:00 AM for breakfast. We will return to Asheville around 4:00 pm. Come join the fun. Call Les Love, 658-1489, for more information.

### Mark your calendars

The CMC annual meeting will be held on Saturday, Nov. 1 this year (instead of Friday), and will be held at the Grove Park Inn Country Club instead of one of the banquet halls.

### Roster available on line

The club roster of members is not being mailed this year since it is readily available at all times on the club website and is always up to date there. If you are not able to get it that way, you may be able to get some member with an internet connection to print you one, or you may request a copy be mailed to you by writing the club secretary.

### MULTI-CLUB 2003

**Southern AT Clubs:** The Roanoke Appalachian Trail Club is proud to host the annual Multi-Club Meet, Labor Day Weekend, 2003. This Multi-Club Meet will be located in the mountains of Virginia at Camp Alta Mons ([www.altamons.com](http://www.altamons.com)) in Shawsville, VA. If you are interested in attending, email or call your Let's Go editor for forms and other information (see back panel of this issue).

# HIKE SCHEDULE

## Third Quarter 2003

### Hike Ratings

FIRST LETTER Distance	SECOND LETTER Cumulative Elevation Gain
AA: Over 12 miles	AA: Over 2,000 ft.
A: 9-12 miles	A: 1,500-2,000 ft.
B: 6-9 miles	B: 1,000-1,500 ft.
C: Under 6 miles	C: Under 1,000 ft.

Also in the hike descriptions, the terms easy, moderate or strenuous reflect the overall trail conditions, the physical challenge and other factors influencing hike difficulty. If you have questions, CONTACT THE LEADER.

### WEDNESDAY HIKES

Submitted by Kenneth & Carol Deal, 281-4530, KMCDeal@aol.com. Next schedule: Paula McNabb, 274-0057 gcmcnabb@charter.net.

The meeting place for each hike will be designated by the hike leader and will appear in the hike description. Driving mileage will be listed, round trip, from the first designated meeting place.

ALL DAY No. 8056 July 2  
8:30 A.M.  
**Pilot Rock Trail/  
 Laurel Mt. Trail to Pisgah Inn,  
 Thompson Creek Trail back**  
 Hike 8.5, Drive 20, Rated B-A  
 Jack Fitzgerald, 685-2897  
 suejack@brinet.com  
 Hike up the well graded Pilot Rock Trail to connector to top of Laurel Mountain Trail, to M-S-T to Pisgah Inn for lunch. Either eat at the Inn restaurant, or pack your lunch and eat on the lawn. Return via the Thompson Creek Trail. Short car switch. Total altitude gain, 2,000 ft. Moderate. **Meeting place: Pisgah Forest Ranger Station Maintenance parking lot.**

ALL DAY No. 8057 July 9  
9:00 A.M.  
**AT Hike Brown Gap to  
 Max Patch and return.**  
 Hike 7, Drive 50, Rated B-B  
 Ken & Carol Deal, 281-4530  
 kmcdeal@aol.com  
 A moderate in and out hike on the AT, steep at first, then leveling off into rolling ups and downs, with a final climb to the top of Max Patch for lunch. Beautiful views. **Meeting place: Pilot Truck Stop, exit 24 off I-40.**

ALL DAY No. 8058 July 16  
8:30 A.M.  
**Forney Creek to  
 Lake Fontana in the Smokies**

Hike 7.5, Drive 125, Rated B-B  
 Sherman Stambaugh, 254-1736  
 From Bryson City we will take the Road to Nowhere and start our hike at the tunnel to Forney Creek and Fontana Lake. This is your opportunity to swim in the lake, if you want to. The water is warm this time of the year. Don't miss the fun. The trail along Forney Creek is spectacular. **First meeting place: Westgate. Second meeting place: Rest stop west of Waynesville on Hwy. 19, at 9:00 A.M.**

ALL DAY No. 8059 July 23  
8:30 A.M.  
**Wintergreen Falls**  
 Hike 8, Drive 35, Rated B-B  
 Numa Carter, 684-9610  
 This is a newly constructed trail in Gorges State Park. Moderate hike to scenic falls. Lunch at the falls. **First meeting place: Pisgah Forest Bi-Lo. Second meeting place: Frozen Creek Parking Lot, Gorges State Park, at 9:00 A.M.**

ALL DAY No. 8060 July 30  
8:30 A.M.  
**Dupont Forest  
 Reasonover Road Hike**  
 Hike 6, Drive 90, Rated B-B  
 Rusty Breeding, 692-0359  
 bree@planetusa.net  
 A moderate hike in the Dupont Forest area, which will include two creek crossings, one of them boots-off. We'll see Fawn Lake, Corn Mill Shoals, Bridal Veil Falls, Lake Julian and the Reasonover Creek Trail (new to CMC). **First meeting place: Westgate. Second meeting place: Buck Forest (Dupont State Forest) parking lot on Dupont Road, 9:30 A.M.** Map: Dupont Forest trails. Topo: Standingstone Mtn.

ALL DAY No. 8061 August 6  
9:30 A.M.  
**Looking Glass Rock**  
 Hike 6.2, Drive 9, Rated B-B  
 Chuck Rosen, 298-2246  
 Moderate and popular hike in the Pisgah Forest. We have a 3.1 mile climb up to the 3,969 ft. summit (elevation gain 1,369 feet), with magnificent views of Pisgah Forest and the Blue Ridge Parkway. We will stop at the North Face viewpoint on our descent for another wonderful view. **Meeting place: parking lot at the work center near the Pisgah Ranger Station on Hwy. 276.** Topo: Shining Rock.

ALL DAY No. 8062 August 13  
9:00 A.M.  
**Penny Rock or Leader's Choice**  
 Hike 6-7, Drive ?, Rated B-B  
 Boyd Brasington, 254-8675  
 boydb@buncombe.main.nc.us  
 A nearby hike may be substituted for Penny Rock. Contact leader for more information. Leader will set a moderate pace. Car shuttle.

**First meeting place: French Broad Overlook on the Blue Ridge Parkway. Second meeting place: Cold Mountain Overlook, where Hwy. 276 crosses Blue Ridge Parkway at approximately 9:30 A.M.**

ALL DAY No. 8063 August 20  
8:30 A.M.  
**AT Hike Brown Gap to  
 Snowbird and return**  
 Hike 11, Drive 45, Rated A-AA  
 Curt Holladay, 628-9477  
 caholady@bellsouth.net  
 An in and out AT hike. We will start at Brown Gap and ascend Harmon Den Mountain, then descend to Deep Gap. From Deep Gap there is a steep ascent to the top of Snowbird. After lunch on Snowbird we'll return to Brown Gap. Estimated cumulative climb, 2900 feet. **Only meeting place: Pilot Truck Stop on NC 209, Exit 24 off I-40.**

ALL DAY No. 8064 August 27  
8:30 A.M.  
**Blueberry Hike**  
 Hike 6, Drive 20, Rated B-C  
 Fred Chaffee, 692-8937  
 Our traditional yearly hike to the picking fields of Grassy Cove Top in the Shining Rock Wilderness. Limit 10 hikers. Call for reservations. **Meet at the work center near the Pisgah Ranger Station for carpooling to Big Sam parking area.** Topos: Big Sam, Shining Rock.

ALL DAY No. 8065 August 27  
10:15 A.M.  
**Blueberry Hike**  
 Hike 6, Drive 0, Rated B-C  
 Ken & Carol Deal, 281-4530  
 kmcdeal@aol.com  
 A second hike will leave from the picking grounds from the Big Sam parking lot, meeting there at 10:15. Call Ken or Carol for reservations for this hike.

ALL DAY No. 8066 September 3  
8:30 A.M.  
**Hump Mountain**  
 Hike 8, Drive 130, Rated B-A  
 Tom Marshall, 645-7249  
 We'll hike from Roaring Creek Road to Yellow Mountain Gap, and then along an open ridge on the AT to Hump Mountain, a grassy bald at 5,587 ft. Great views of the Highlands. **Meeting place: McDonalds at the 25/70 Weaverville Exit.** Topos: Carver's Gap, White Rocks Mountain, TN.

ALL DAY No. 8067 September 10  
9:00 A.M.  
**MST-Forest Service  
 Road 316, Black Balsam to  
 Skinny Dip Falls**  
 Hike 6-7, Drive 7, Rated B-B  
 Siro A. DelFavero, 277-2546  
 Starting at Black Balsam, we'll hike to the lower falls at Graveyard Fields for lunch. Then we'll go on to Skinny Dip Falls and

end at the Looking Glass Rock Overlook. Car shuttle. **Meeting place: Looking Glass Rock Overlook at Milepost 417.**

ALL DAY No. 8068 **September 17**  
**Pisgah Ridge Loop 9:00 A.M.**

Hike 7.5, Drive 15, Rated B-B  
Kathie Giddings, 696-9808  
kmgiddings@juno.com

This is a rescheduling of a recent hike that was re-routed because of a Parkway closing. Starting at the Graveyard Fields parking lot, we will follow the Pisgah Ridge Trail to the MST, and lunch at a beautiful overlook. Then we'll proceed on the Graveyard Ridge Trail to the parking lot. This hike has nice views along the way. **Meeting place: Cold Mountain Overlook at Wagon Road Gap parking area on the Blue Ridge Parkway at Hwy. 276.** Topo: Sam Knob/Shining Rock.

ALL DAY No. 8069 **September 24**  
**Bill Kimball Trail 8:00 A.M.**

Hike 6, Drive 45, Rated B-B  
Ned Stallard, 697-1579

Starting at Raven Cliff parking lot we hike down to and along the scenic Saluda River, and return with a strenuous climb around "El Lieutenant". **First meeting place: Fresh Market, Hendersonville. Second meeting place: Raven Cliff parking lot at 8:30.**

ALL DAY No. 8070 **October 1**  
**Crabtree Bald 8:30 AM**

Hike 7, Drive 70, Rated B-AA  
Jay Bretz, 658-1220  
Williambretz1220@msn.com

This is a rescheduling of a favorite club hike. Few hikers were able to do it in February due to rain and cold. This trail takes us through pasture and woods to the 5,320 foot summit of Crabtree Bald. Views, in good weather, of all the 40 mountain peaks in Western North Carolina that are over 6,000 feet. Fairly strenuous but gradual 2,355 foot climb. **First meeting place: Westgate. Second meeting place: Pilot Truck Stop on NC 209, Exit 24 off I-40.** Topo: Fines Creek.

## ALL DAY SATURDAY AND SUNDAY HIKES

All-day hikes submitted by Bruce Bente 692-0116, bbente@cytechusa.com, with the assistance of Tom Sanders. Driving distance is round-trip from Asheville. All Saturday and Sunday hikes assemble at Westgate Shopping Center near I-240 UNLESS OTHERWISE NOTED.

ALL DAY NO. A0303-237 **July 13**  
**Plott Balsams 7:30 AM**

Hike 9, Drive 90, 3400 ft. ascent

Rated B-AA+  
Amy Bindirim 298-1882  
athikerbabe@yahoo.com

Features four over-6000 peaks. Note earlier starting time. Here is your chance to climb all four of the 6000-footers in the Plott Balsams, and see spectacular views of the Smokies and nearby mountains. From Waterrock Knob, we will follow a very rough, steep trail over Browning Knob to Lyn Lowry and Plott Balsam. Then we will hike back to our starting point and then to the top of Yellow Face. The hike is strenuous due to the rough trail and climbing over fallen spruce trees on steep slopes. Wear long sleeves and pants. Topos: Hazelwood, Sylva North

ALL DAY NO. A0303-238 **July 20**  
**Flat Laurel Creek Rock Hop 8:00 AM**

Hike 7-8, Drive 80, 1600 ft. ascent, Rated B-A  
Rob Resnick 255-8066 reschrio@aol.com

An old favorite hike of Alan Barton, this is certain to be an extraordinary hiking experience for CMC hikers. Starting at NC215 where Flat Laurel Creek crosses, we will parallel the creek for a short distance, then enter the creek and scramble our way up for 2-3 miles, enjoying as many holes and chutes as possible. Hikers should be agile, unafraid of heights, and prepared to boulder jump and rock hop. A necessity is wearing quick drying shorts and good gripping shoes that you don't mind getting wet. Cameras and lunch should be waterproofed. After the rock hop, we will continue to Sam Knob and return to our cars via dry trails. Hike leader reserves the right to modify all or part of the hike respective of weather and other conditions. Topo: Sam Knob

SATURDAY NO. A0303-239 **July 26**  
**MST Sequence Hike: 8:00 AM**

**Craven Gap - Craggy Gardens Picnic Area**  
Hike 10.2, drive 35, 3700 ft. ascent,  
Rated A-AA+

Lenny and Danny Bernstein 236-0192  
lsberns@worldnet.att.net

A good uphill past Rattlesnake Lodge, where we'll admire the information sign that CMC has worked on preparing. Then on to Lane Pinnacle with its excellent views, before finishing at Craggy Gardens Picnic Area. Topo: Craggy Pinnacle

ALL DAY NO. A0303-240 **July 27**  
**MST Sequence Hike: 8:00 AM**

**Craggy Gardens Picnic Area - NC 128**  
Hike 12.4, drive 50, 3100 ft. ascent,  
Rated AA-AA+

Lenny and Danny Bernstein 236-0192  
lsberns@worldnet.att.net

Features one over-6000 peak. Another good uphill, over Blackstock Knob (6320 ft.), to NC128. Lots of good views and varied ter-

rain. Topos: Craggy Pinnacle, Montreat

ALL DAY NO. A0303-241 **Aug. 3**  
**(strenuous) Mt. Kephart via 8:00 AM**

**Sweat Heifer Creek Trail**  
Hike 12.8, Drive 140, 1800 ft. ascent  
Rated A-AA

Tom Sanders 252-6327 mel&tgs@main.nc.us  
Features one over-6000 peak. This Smokies hike features spectacular scenery at the Jumpoff and at Charlies Bunion. From Newfound Gap, we will hike on the AT to Mt. Kephart (6217') and the Jumpoff, and from there to Charlies Bunion. After lunch, we will return via the AT, and then down the Sweat Heifer Creek (rarely hiked by CMC) and Kephart Prong Trails. Topos: Clingmans Dome, Mt. Leconte, Mt. Guyot, Smokemont

ALL DAY No. A0303-242 **Aug. 3**  
**(moderate) Sam Knob - 8:30 AM**

**Devils Courthouse Loop**

Hike 9, Drive 75, ascend 800 ft., Rated A-B  
Ruth Hartzler 251-0886 ruthmtn@aol.com

Features two over-6000 peaks. Note later starting time. From FS 816 we will ascend Sam Knob (6040 ft.) with its 360 degree views, then follow the Flat Laurel, Little Sam and MST via Devils Courthouse (with its wonderful views). We then return via the MST across FS 816 and up to the summit of Black Balsam (6214 ft.), then down a man-way to our cars. Second meeting place: Cold Mtn. overlook on BRP at 8:40 A.M. Topo: Sam Knob

ALL DAY NO. A0303-243 **Aug. 10**  
**Forney Creek Circuit 8:00 AM**

**to Lake Fontana**  
Hike 10, Drive 140, 800 ft. ascent, Rated A-B  
Les Love, 658-1489 leslove@aol.com

This is your chance to go hiking and swimming on the same day. This moderate hike begins at the end of the road to nowhere, through the tunnel, then continues along the Lakeshore Trail and along cascading Forney Creek to our lunch spot at the Lake Fontana shoreline. Topo: Noland Creek

ALL DAY NO. A0303-244 **Aug. 17**  
**Firescald Knob Dedication 8:00 AM**

Hike 6-8, Drive 105, 1000 ft. ascent  
Rated B-B

Jorge Munoz 658-0606

jmuno@buncombe.main.nc.us

Come join us for the dedication of the AT relocation over Firescald Knob. We will drive to Camp Creek Bald where the dedication ceremony will be held at 10:00am, then hike northwards on the AT, including hiking over the AT Firescald Knob relocation in one direction and returning on the original AT. Topo: Greystone

**BACKPACK NO. A0303-245 Aug. 22-24**  
**Road to Nowhere Backpack 5:00 PM**  
Hike 41, Drive 200, 5000 ft. ascent  
Rated AA+-AA+  
Larry Modlin 251-5092  
lmodlin@warren-wilson.edu

Join us on a three-day backpacking trip, covering the controversial site of the proposed extension of the "road to nowhere" in the Great Smoky Mtns. National Park. The walk will total about 41 miles, averaging about 14 miles per day. The first night of camping will be at Fontana Lake and the second night at Hazel Creek. We will leave Asheville Thursday at about 5PM, spend the night at the Hike Inn near Fontana, and then be transported to the tunnel at the end of the road to nowhere near Bryson City. We will try to visit the seven cemeteries and other notable sites along the way. This hike is limited to ten people; please phone Larry for reservations. Topos: Noland Creek, Tuskegee, Fontana Lake

**SATURDAY NO. A0303-246 Aug. 30**  
**Around Coffee Pot Mountain 8:00 AM**  
Hike 7.5, Drive 40, 1400 ft. ascent, Rated B-B  
Neal Andreae 698-2546  
nandreae@citcom.net

We'll circle Coffee Pot Mtn., by hiking up Trace Ridge Trail to Beaver Dam Gap on the BRP and returning on the Spencer Branch Trail, with a look at the Hendersonville Reservoir. Second meeting place at North Mills River Recreation area parking lot at 8:30 AM. Topo: Dunsmore Mtn.

**ALL DAY NO. A0303-247 Aug. 31**  
**Blueberry hike 8:00 AM**  
Hike 8, Drive 70, 1000 ft. ascent, Rated B-C  
Tom Sanders 252-6327 mel&tgs@main.nc.us  
One of the secrets to good berry picking is not letting other people know where you're going. We will pick in an area bordering the Shining Rock Wilderness, and with luck you will fill your containers. Also bring rain gear. Topo: Shining Rock

**ALL DAY NO. A0303-248 Sept. 7**  
**(strenuous) AT Sequence Hike: 8:00 AM**  
**Spivey Gap to Nolichucky River**  
Hike 11, Drive 110, 1400 ft. ascent, Rated A-B  
Paul Benson 667-4279  
pbenson@buncombe.main.nc.us  
An AT sequence hike on the first section north of CMC's maintenance sections. This hike features beautiful woods and striking views of the Nolichucky Gorge as we drop down to the end point at the hostel at the Nolichucky River. Topo: Chestoa

**ALL DAY NO. A0303-249 Sept. 7**  
**(moderate) Buckeye Gap and 8:00 AM**  
**Haywood Gap Trails Circuit**

Hike 9, Drive 80, 1400 ft. ascent, Rated B-B  
John Pawcio 299-8126  
jpawcio@tycovalves.com  
Our hike is in the Middle Prong Wilderness area, so is limited to 10 hikers. Please call the leader for reservations. The trails are primarily old railroad grades with interesting relics from the old lumber camps. From Buckeye Gap, we will descend on the old RR grade to our grassy lunch spot, then climb along the Haywood Gap Stream to the MST and follow the MST back to the starting point. Topo: Sam Knob

**ALL DAY NO. A0303-250 Sept. 14**  
**Douglas Falls— 8:00 AM**  
**Locust Ridge Circuit**  
Hike 11, Drive 60, 2000 ft. ascent, Rated A-A  
Bruce Bente 692-0116  
bbente@cytechusa.com  
Features one over-6000 peak. This popular diversified CMC hike features beautiful Douglas (Carter Creek) Falls, a climb through a hemlock forest to the Mountains-to-Sea trail, with an option to climb 6080' Craggy Dome (an over-6000' peak) during our lunch stop. After lunch, we'll see great views from a high mountain meadow loaded with blueberries, and then bushwhack down the manway on Locust Ridge. Topos: Montreat, Craggy Pinnacle

**ALL DAY NO. A0303-251 Sept. 21**  
**Linville Gorge: Sandy Flats 8:00 AM**  
**to Brushy Ridge**  
Hike 7.3, Drive 100, 3500 ft. ascent  
Rated B-AA+  
Don Walton 298-5084 walt7258@bellsouth.net  
We'll descend on the Sandy Flats trail to the river, then hike upsteam 2 miles on a rocky, up-and-down trail in the depths of the gorge. One of the great streams of WNC. Then we'll cross the river and ascend the steep Brushy Ridge trail. If the river level is too high, we'll climb out of the gorge via the Pine Gap trail. Map: Linville Gorge Wilderness; Topos: Ashford and Linville Falls

#### HIKING WEEKEND AT LAKE FONTANA

Following are the hikes that are presently scheduled.

**SATURDAY NO. A0303-252 Sept. 27**  
**Fontana Lake/Little Fork 8:00 AM**  
**Copper mines**

Hike 13, Drive 10 from Fontana Village  
2400 ft. ascent, Rated AA-AA  
Dave Wetmore 884-7296  
dwetmore@citcom.net

**NOTES:** The only meeting place for this hike is the Fontana Lake Marina. Note the start time, designed to allow time for

exploring the copper mine area. We will take a ferry across the lake to the trailhead, and return by ferry in the evening. This is an in/out hike whose first half is a gradual, steady climb up the Hazel Creek and Sugar Fork Trails. We'll see the Ritter Ponds and drying kilns, the site of the town of Medlin, an interesting cemetery, the site of Horace Kephart's cabin and the seven tunnels at the Adams-Westerveldt copper mine. Topos: Tuskegee, Thunderhead Mtn.

**ALL DAY NO. A0303-253 Sept. 28**  
**Lakeshore Trail from 8:30 AM**  
**Hazel Creek to Fontana Dam**

Hike 9.5, Drive 10 from Fontana Village, 1850 ft. ascent, Rated A-A  
Dave Wetmore 884-7296  
dwetmore@citcom.net  
**NOTE:** The only meeting place for this hike is the Fontana Lake Marina. Note the later start time. We will take a ferry across the lake to the trailhead. The new segment of the Lakeshore Trail will take us past the Proctor Cemetery, Franklin town site and numerous home sites. Then it's down to Eagle Creek and across the finger ridges to old highway NC 288 and then finish by hiking over Fontana Dam. Topos: Tuskegee, Fontana Dam

#### ADDITIONAL FONTANA HIKING WEEKEND HIKES

Following is a tentative list of additional hikes. This list will be amended to do the hikes that people express an interest in hiking.

#### Copper Mines, Graveyards, and Old Townsites

This very easy hike is actually an excursion by boat to the Ecola Branch Copper Mines and then to Proctor and the historic Proctor cemetery. Topos: Fontana Dam, Tuskegee

#### Shuckstack Fire Tower

Hike 5, 2800 ft. ascent  
A 2.5-mile hike on the AT to an awesome view of Fontana Lake and the mountains south of the park. Topo: Fontana Dam

#### Ghost Highway

Hike 2.5, 500 ft. ascent  
An easy hike over Fontana Dam and then along a section of NC 288, abandoned over 50 years ago when the dam was built. See abandoned homesites. Topo: Fontana Dam

#### Footsteps of the Past

Hike 6, 1750 ft. ascent  
The Hazel Creek valley was originally settled from the Tennessee side of the mountains. The last part of the trip over the mountains came down from Soapstone Gasp on Bearpen Branch. We'll walk up Bearpen Branch to the



Gap and back down. We'll see an abandoned car and an old cabin site. Topo: Tuskegee

ALL DAY NO. A0303-254 Oct. 5  
(strenuous) 8:00 AM

**Green Knob via Snooks Nose**

Hike 11, Drive 65, 3400 ft. ascent  
Rated A-AA+

Carroll Koeppinger 667-0723  
carrollkoepp@cs.com

This is a strenuous trip from Curtis Creek that climbs up and over the Blue Ridge Parkway to the Green Knob fire tower. Great views along the way as well as at the lunch stop on the summit of Green Knob. Topo: Old Fort

ALL DAY NO. A0303-255 Oct. 5  
(moderate) MST from 8:30 AM

**Black Mtn Campground to NC 80**

Hike 8, Drive 90, 1000 ft. ascent, Rated B-B  
Tommie Boston, 686-5029 Tambee2@aol.com  
Note later starting time. We will hike north on the MST from the Black Mtn.

Campground, on the first section of the MST north of CMC maintenance. We will climb the north slope of Laurel Mtn, to Buck Creek Gap at NC 80, crossing the BRP a couple of times. The only meeting place will be the back parking lot at the Folk Art Center. Topos: Celso and Old Fort.

**HALF-DAY HIKES**

Half Day hikes submitted by Elisabeth Feil, 684-8719. For the next schedule, please call Anita and Richard Walkey, 681-2967, with suggestions. Leaders: Mail sign-up sheets to this quarter's scheduler. **Meet at Westgate unless otherwise noted.**

HALF DAY No. 8071 July 13  
**Balsam Gap to** 1:30 PM

**Greybeard Overlook**

Drive 44, Hike 4, 1000 ft. ascent, 725 ft. descent, Rated C-B

Howard McDonald - 693-8258  
hamcdonald@cytechcis.net

This car shuttle starts at Balsam Gap on the BRP and goes to Greybeard Overlook. **Only meeting place is Folk Art Center, lower lot.** Moderate. Topo: Montreat.

HALF DAY No. 8072 July 20  
**Case Camp Ridge** 1:00 PM

Hike 5, Drive 80, 1800 ft. ascent, Rated B-C  
Ruth Hartzler - 251-0886 ruthmtn@aol.com

Note early start. A climb, steep in places, from Headquarters Rd. across the Blue Ridge Parkway to the Mountains to the Sea Trail, ending at Bridges Camp Overlook. Scenic at higher elevations. Moderate. **Only meeting Point at French Broad Overlook on the BRP.**

HALF DAY No. 8073 July 27  
**Snowball Trail** 1:00 PM

Hike 4, Drive 35, Rated C-B  
Jorge Muñoz - 658-0606

jmunoz@buncombe.main.nc.us  
Note early start time. Outstanding views on this moderate hike to Hawksbill Rock. Starts near Craggy picnic area. **First meeting place is the lower parking area at the Folk Art Center. Second meeting place Craven Gap at 1:15 PM.**

HALF DAY No. 8074 Aug. 3  
**Frying Pan Tower** 1:30 PM

Hike 5, Drive 42, Rated C-B  
Boyd Brasington - 254-8675

**Only meeting point: Ingles parking lot across from Biltmore Square Mall.** Trail through woods on ridge to Frying Pan Gap. Jeep road to tower. Wide view. Some may elect to take supper at the Inn. Check with your driver.

HALF DAY No. 8075 Aug 10  
**Buck Spring Trail** 11:00 AM

Hike 6.2, Drive 50, Rated B-C  
Diane Hankins - 298-2870 (before 9 p.m.)

Note the early start time. Leisurely paced downhill car switch hike. **Only meeting place is Ingles parking lot across from Biltmore Square Mall** (unless other arrangements made with leader before Aug. 9.) Suitable for anyone over 10 years old (those under 18 MUST be accompanied by adult.) Join us for supper at Pisgah Inn after the hike.

HALF DAY No. 8076 Aug. 17  
No hike leader available

HALF DAY No. 8077 Aug. 24  
**Blueberry Hike** 1:00 PM

Hike 5-6, Drive 90 Rated C-C  
Bruce Bente - 692-0116

bbente@cytechusa.com  
Note earlier start time. This is a repeat of last year's popular blueberry and blackberry picking hike. Cut off the top of a milk carton and loop it through your belt for carrying your berries. This in-and-out hike starts at the Bearpen Gap overlook on the BRP and on to two different picking areas.

HALF DAY No. 8078 Aug. 31  
**Dupont State Forest** 1:30 PM

Hike 4-5, Drive 70+, Rated C-C  
RustyBreeding - 692-0359

bree@planetusa.net  
**Leader will meet group beside Bi-Lo, Pisgah Forest, at 2:00 PM.** We'll climb the

trail to Triple Falls and High Falls, then it's an easy walk to the pretty Lake Dense. We may do a little additional discovering, and if that's not enough we'll take in Hooker Falls after we get back to the cars.

HALF DAY No. 8079 Sept. 7  
**Mt. Pisgah from Pisgah Inn** 1:30 PM

Hike 5, Drive 30, ~1000 ft. ascent, Rated C-C  
Elisabeth Feil - 684-8719 hofeil@brinet.com

We'll start this car shuttle hike on the Pisgah Inn parking lot, follow the MST for 1.6 miles and climb to Mt. Pisgah with its renowned (almost) 360° view. The hike ends at Mt. Pisgah parking lot. Dinner at Inn optional. **Second meeting place: Pisgah Inn parking lot near filling station.**

HALF DAY No. 8080 Sept. 14  
**Rocky Point from Hickory** 1:30 PM

**Nut Gap (other name: Ferguson Peak)**  
Hike 4, Drive 30, Rated C-B

Pete Steurer - 891-9802  
Ridge walking with open meadows and fine views are part of this moderate in-and-out hike. **Second meeting place: parking area at Hickory Nut Gap, US 74-A, 5 miles north of Bat Cave.**

HALF DAY No. 8081 Sept. 21  
**John Rock** 1:30 PM

Hike 4, Drive 65, Rated C-C  
Laura and Ned Stallard - 697-1579

This in-and-out hike goes up the Old Horse Cove Trail to the top of John Rock. At the top there is a great view of Looking Glass Rock and the Fish Hatchery. **Second meeting place: Fish Hatchery parking lot.**

HALF DAY No. 8082 Sept. 28  
**Sams Gap to Streets Gap** 1:30 PM

Hike 5.3, Drive 65, Rated C-B  
Jane and Lew Blodgett - 274-8763

Pleasant in-and-out walk on the AT with excellent views from an old pasture just above Streets Gap.

HALF DAY No. 8083 Oct. 5  
**Black Balsam Gap to** 1:30 PM

**Skinny Dip Bridge**  
Hike 5, Drive 75, Rated C-B

Anita and Richard Walkey - 671-2967  
Walkey@juno.com  
A car shuttle to get to a nice downhill walk on the backside of Graveyard Fields area. Spectacular mountain views. Moderate. **Second meeting place: Cold Mtn. Overlook at BRP and Hwy 276 at 2:10 PM.**

**USEFUL TIP**

If you have an emergency on the Blue Ridge Parkway you may report accidents, criminal activity, fires and other problems by calling 1-800-parkwatch (1-800-727-5982).

## Beyond 6000— Smokies Backpack

Anyone interested in a Smokies Backpack on August 8-10 to climb the peaks over 6000 feet in the vicinity of Tricorner Knob should contact Lenny Bernstein at 828-236-0192 or Lsberns@worlnet.att.net.

## In Memoriam

Lee Leiserson died on March 1st, 2003, after a one year illness. He was a member of the CMC for over 20 years, and frequently led club hikes on Wednesdays. Lee had a Ph.D. in Organic & Physical Chemistry and had worked for the Department of Interior and the E.P.A. until his retirement in 1980. Since 1987 he has been living at Highland Farms in Black Mountain with his wife, Marion. He is survived by Marion and his six children. The Wednesday hikers miss Lee, his conversation, and his humor.

## Trail Maintenance Donation

John Soldati went to Portland, OR, to help

## Carolina Mountain Club

P.O. Box 68  
Asheville, NC 28802

Return Requested

take care of his brother Joseph after surgery, and as a surprise to John, the CMC received a check for \$100 to be used any way we wish.

**NOTE:** Additional copies of this newsletter are available at the information counter of the Asheville Chamber of Commerce, 151 Haywood Street, downtown.

Further  
information is available  
at [www.carolinamtnclub.org](http://www.carolinamtnclub.org)  
about regulations

**MEMBERSHIP:** Any person is eligible for membership by completing a Membership Application form and paying dues. Individual and Family memberships are \$12.00 per year.

### Mountaineering Information

Consult the trip leader for additional information regarding a particular hike. Hikes may be cancelled due to adverse weather, causing dangerous road and trail conditions. Please call hike leader if weather conditions are questionable.

Visitors are cordially welcome but should select trips within their endurance. When reservations are necessary, the leader will have to be called to reserve a space. Hikers usually carpool from the meeting places to trailheads and back.

**Passengers are expected to share operating expenses with the driver.**

### Clothing & Equipment, Etc.

**Footwear comes first. Never start a mountain trip in brand new footwear. Lightweight hiking boots are recommended.** Clothing of any substantial type will do. Carry a sweater, even in summer, and some kind of rain wear.

**EQUIPMENT** for all-day trips should be a lunch, plenty of water, compass, first aid kit, matches in waterproof case, flashlight, cellphone if available and personal medication including allergy medication. On overnight trips, carry tent, sleeping bag, foam pad, extra clothing, stove, fuel, mess kit, eating utensils, and food in addition to the above.

**MAPS** are helpful when hiking on your own. U.S. Geological Survey and T.V.A. topographic quadrangle maps are for sale at \$4.00 per sheet at local outfitting stores or by mail from Branch of Distribution, U.S. Geological Survey, Box 25286, Denver, CO 80255. State index maps for selecting quadrangles are free from the Denver office. U.S. Forest Service topographic maps (based on U.S. Geological Survey quadrangles) and maps of selected areas in Western North Carolina are available at the National Forest Service Office, 160 Zillicoa St., P.O. Box 2750, Asheville, NC 28802. Call (828) 257-4200 for further information.

**CLUB TRIP REGULATIONS:** Both members and visitors are expected to abide absolutely by club regulations and by instructions of the leader. Visitors should make themselves known to the leader on arrival at assembly place announced for the trip. No one is to start ahead of the leader without definite permission, or lag unreasonably far behind the group. The party is pledged not to pick shrubs or wild flowers, damage property in any way, or endanger forests and property by smoking while walking.

Frequent non-member participants in club hikes are expected to join the Carolina Mountain Club. All members are encouraged to participate in one of the club's many maintenance efforts. Contact a club officer for details.

### Carolina Mountain Club Officers

Don Walton-298-5084 PRESIDENT Les Love-658-1489 VICE PRESIDENT  
Lenny Bernstein-236-0192 SECRETARY Becky Smucker-298-5013 TREASURER  
COUNCIL MEMBERS: Brad VanDiver-669-2740, Linda Blue-645-4488,  
Joe Cirvello-627-1797, Bruce Bente-692-0116, Bill Ross-299-7637,  
Stuart Tauber-254-0824.

Morgan Sommerville-254-3708 ATC FIELD REP

Quarterly Council meetings are open to all Club members. Call any Council member for date, time and place.

**THE APPALACHIAN TRAIL:** The Carolina Mountain Club is a member of the Appalachian Trail Conference, P.O. Box 807, Harpers Ferry, West Virginia 25245 Telephone (304) 535-6331.

### Responsibility For Safety

Each CMC member, guest or non-member hiker agrees to accept personal responsibility for his or her safety and the safety of minors accompanying such persons. The Club cannot ensure the safety of any participant on hikes. In participating in Club hikes, each such person agrees to hold harmless and free from blame the hike leaders, and the CMC, its officers and members, for any accident, injury or illness which might be sustained from participating in hikes or other Club activities.

### EDITOR INFORMATION

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